

STATE-OF-THE-ART REVIEW

Transseptal Techniques for Emerging Structural Heart Interventions



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ABSTRACT

The development of new transseptal transcatheter interventions for patients with structural heart disease is fueling increasing interest in transseptal puncture techniques. The authors review contemporary transseptal puncture indications and techniques and provide a step-by-step approach to challenging transseptal access and procedural complications. (J Am Coll Cardiol Intv 2016;9:2465-80) © 2016 by the American College of Cardiology Foundation.

The technique of transseptal puncture (TSP) was developed by Ross, Braunwald, and Morrow (1) in 1959 to allow direct measurement of left atrial (LA) pressure. Over the next several decades, with the growing acceptance of retrograde catheterization of the left ventricle, and the development and expanding use of echocardiography, experience with TSP declined. Substantial renewed application of the TSP technique ensued in the 1980s and 1990s because of the introduction of percutaneous balloon mitral valvuloplasty (PBMV) and catheter ablation of atrial fibrillation (AF) (2,3). In more recent years, the emerging percutaneous transcatheter therapies of valvular and congenital heart disorders have led to the widespread adoption and further modification of the TSP technique. In this paper we aim to: 1) provide an overview of the established and emerging indications for TSP; 2) describe the contemporary techniques of TSP, with an emphasis on the role of multimodality imaging and site-specific puncture; and 3) provide a systematic approach to aid in the management of challenging transseptal access and procedural complications (Central Illustration).

INDICATIONS FOR TSP

PERCUTANEOUS TREATMENT OF MITRAL VALVE DISEASE. PBMV.

In the 1980s, PBMV became the

treatment of choice for rheumatic mitral stenosis with suitable anatomy (3). PBMV using a single-balloon technique (Figure 1A) became the most popular PBMV method and virtually replaced surgery in many areas of the world where rheumatic heart disease is prevalent (4).

Transcatheter mitral valve repair. Percutaneous edge-to-edge mitral valve repair (Figure 1B) using the MitraClip device (Abbott Vascular, Santa Clara, California) demonstrated superior safety and similar improvement in clinical outcomes compared with conventional surgery in patients with severe degenerative mitral regurgitation (MR) who are at high risk for surgery (5). The MitraClip device has been used in more than 30,000 patients worldwide for both functional and degenerative MR.

Transcatheter mitral valve-in-valve therapy. Initial results with transcatheter transseptal mitral valve-in-valve (Figure 1C) implantation are promising (6,7). If this therapy is proved durable, it would provide an excellent alternative to reoperation for patients with failed mitral bioprostheses.

Transcatheter mitral valve implantation. Several dedicated transcatheter mitral valve systems are in the early phase of development. The CardiAQ valve (CardiAQ, Irvine, California) (Figure 1D) is

ABBREVIATIONS AND ACRONYMS

| | |
|-------------|---|
| AF | = atrial fibrillation |
| CB | = cryoballoon |
| FO | = fossa ovalis |
| IAS | = intra-atrial septum |
| ICE | = intracardiac echocardiography |
| IVC | = inferior vena cava |
| LA | = left atrial |
| LAA | = left atrial appendage |
| MR | = mitral regurgitation |
| PBMV | = percutaneous balloon mitral valvuloplasty |
| PFO | = patent foramen ovale |
| PV | = pulmonary vein |
| PVL | = paravalvular leak |
| RF | = radiofrequency |
| SHD | = structural heart disease |
| TEE | = transesophageal echocardiography |
| TSP | = transseptal puncture |

currently the only transcatheter mitral valve with a transfemoral transseptal delivery system under testing (8).

Mitral paravalvular leak (PVL) repair. PVL occurs in 5% to 17% of patients after valve replacement surgery (9). Repeat surgery has been the traditional treatment for PVL, but it is associated with high operative mortality and variable results (10). Percutaneous repair of mitral PVL using a transseptal route (Figure 1E) is an effective alternative to surgery, with feasibility and efficacy demonstrated in multiple studies (11).

PULMONARY VEIN (PV) ISOLATION (PVI). The efficacy of PVI in treating drug-refractory AF has been established, with more than 15 years of clinical studies (Figure 1F). This indication has accounted for most of the growth in the use of TSP in the past 2 decades (12).

PERCUTANEOUS LEFT VENTRICULAR ASSIST DEVICES. Percutaneous left ventricular assist devices such as the TandemHeart (Cardia-

Assist, Pittsburgh, Pennsylvania) (Figure 1G) can be used to support patients in cardiogenic shock or as a temporary application during high-risk coronary intervention (13). Another form of percutaneous left ventricular assist device is transseptal extracorporeal membrane oxygenation. This technique is applied in patients with persistent pulmonary edema despite traditional venoarterial extracorporeal membrane oxygenation. In these cases, a “venting” cannula is placed in the left atrium through a TSP and is incorporated into the extracorporeal membrane oxygenation circuit using a Y connection (14).

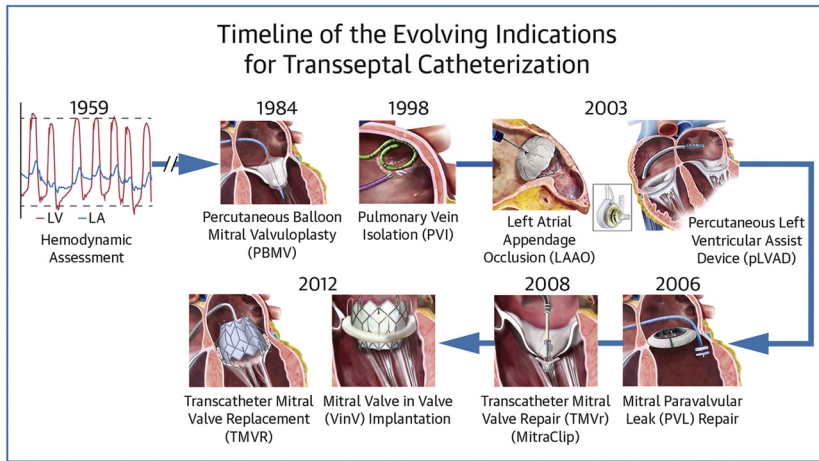
LA APPENDAGE (LAA) CLOSURE. Percutaneous occlusion of the LAA is equivalent to warfarin in preventing stroke in patients with nonvalvular AF and is associated with a lower bleeding risk (15). Percutaneous LAA closure can be achieved with a transseptal approach with the Watchman device (Boston Scientific, Marlborough, Massachusetts) and the Amplatzer Cardiac Plug (St. Jude Medical, St. Paul, Minnesota) (Figure 1H), an epicardial approach with the Aegis system (Aegis Medical, Vancouver, British Columbia, Canada), or a hybrid approach with the LARIAT system (SentreHEART, Palo Alto, California). The Watchman device is the only LAA occluder to receive approval for the prevention of systemic thromboembolism in patients with nonvalvular AF in the United States. Several other devices are in CE-mark stages and are available outside of the United States.

ANTEGRADE TREATMENT OF LEFT VENTRICULAR AND AORTIC VALVE DISEASE. The initial transcatheter aortic valve replacement described by Cribier et al. (16) in 2002 was performed through an antegrade transseptal approach, but the procedural complexity led to its replacement with the transfemoral approach. However, in contemporary practice, the transseptal approach is still used on a limited basis for “no-access” patients (17). Similarly, the transseptal route has been used in balloon aortic valvuloplasty in patients with distal aortic occlusion and in patients who are undergoing concurrent mitral valvuloplasty (18,19). Ventricular septal defects are rare complications of aortic valve replacement. Percutaneous closure of these iatrogenic defects through a transfemoral retrograde approach is usually the treatment of choice but can be challenging if a mechanical prosthesis is present. In these cases, an antegrade transseptal approach can be used (20). Likewise, the transseptal approach can provide an excellent access option for percutaneous closure of iatrogenic left ventricular pseudoaneurysms (21).

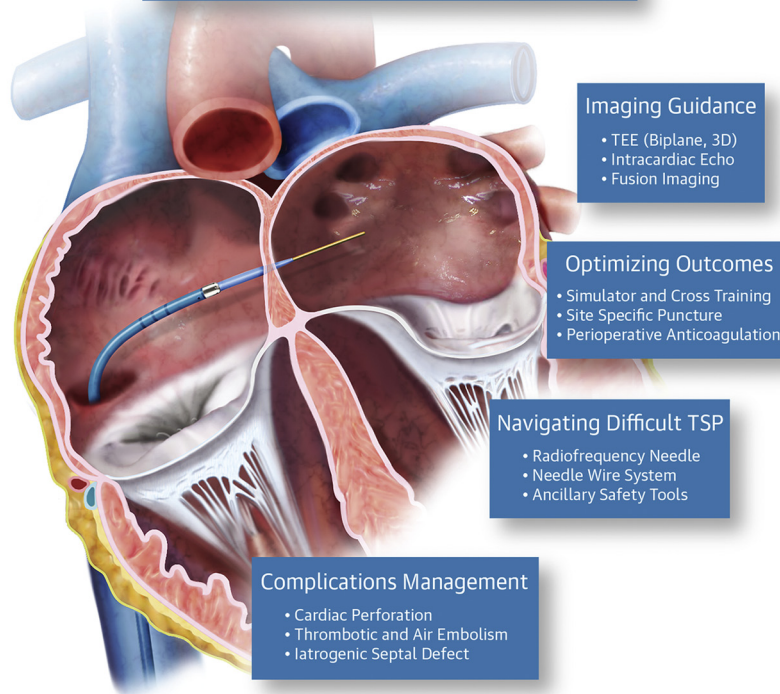
OTHER INDICATIONS. Hemodynamic assessment of valvular heart disease is commonly achieved with indirect estimation of LA pressure using a Swan-Ganz catheter (1,22). Nevertheless, TSP remains essential in equivocal cases and to assess the transaortic gradient in patients with mechanical aortic prostheses (22). TSP has been used to aid in percutaneous closure of patent foramen ovale (PFO) with long tunnel. However, in contemporary practice, this has been abandoned in the light of excellent devices adapting to all anatomies of PFOs (23). TSP can be a valuable tool for facilitating carotid artery stenting in patients with acutely angulated arch-branch vessels and those with Takayasu arteritis (24) and transcatheter embolization of type I endoleak in the proximal aortic arch (25). In addition, an externalized transseptal guide-wire has proved to be an important tool to aid thoracic stent graft passage in tortuous aortas and severely angulated arches (26,27). In rare occasions, transseptal access may provide an alternative route for coronary interventions in patients with no suitable peripheral access (28). Finally, balloon atrial septostomy is another indication for TSP in patients with severe pulmonary hypertension who do not respond to medical therapy or are awaiting lung transplantation (29).

The majority of the aforementioned procedures can also be performed using a transapical approach. However, because of the risks and the steeper learning curve with transapical access, the transseptal route is the preferred approach at most institutions (7,30).

CENTRAL ILLUSTRATION Evolving Indications and Contemporary Techniques of Transseptal Catheterization



Contemporary Transseptal Catheterization

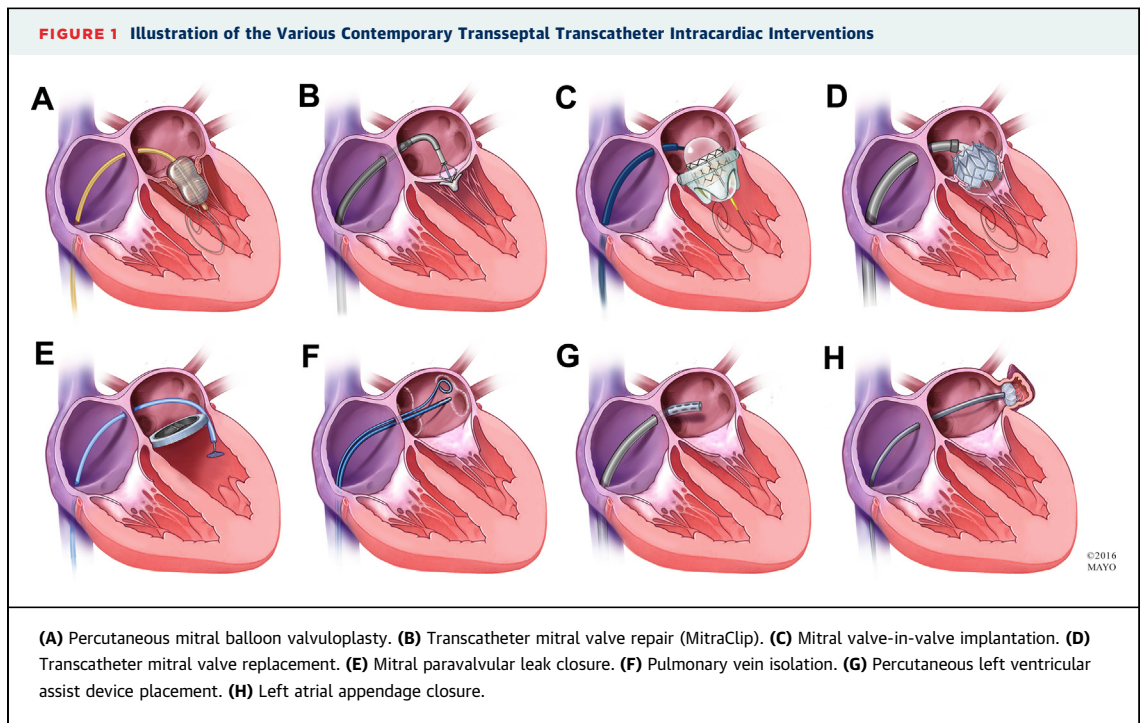


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SITE-SPECIFIC TSP

Historically, the goal of TSP was to safely traverse the intra-atrial septum (IAS), preferably through the fossa ovalis (FO) (Figure 2). Fluoroscopy-guided TSP is sufficient to achieve this goal in the majority of cases. However, the evolution of a variety of complex interventions that can be performed via the

transseptal route has called attention to the importance of site-specific transseptal access. Therefore, transesophageal echocardiography (TEE) and intracardiac echocardiography (ICE) have become essential tools in many structural heart interventions by providing a greater degree of anatomic orientation. Figure 3 illustrates the various suggested locations for TSP for different transseptal procedures.



MITRAL VALVE INTERVENTIONS. Proper guiding catheter position is the most important initial step of the MitraClip procedure. Targeted TSP facilitates suitable guide position and allows the clip to reach the middle of the mitral orifice (31). A suboptimal TSP site may result in inadequate treatment of MR (32). For central MR jets, the operator aims for a posterior and slightly superior TSP. Higher TSP heights are needed for more medial jets, while lower transseptal sites are more appropriate when lateral jets are targeted (Figure 3) (32). The position of the TSP for mitral PVL closure requires similar forethoughts. For defects away from the IAS, the location of the puncture is less critical. However, for medial defects, a posterior and slightly superior puncture provides the appropriate working height within the left atrium and allows readily access to the defect. In PBMV and transseptal mitral valve-in-valve implantations, a midposterior puncture is usually adequate and provides a favorable working height in the left atrium and a coaxial plane with the mitral valve.

LAA CLOSURE. The long axis of the LAA is oriented anteriorly, and the plane of the LAA ostium is perpendicular to that axis. Successful coaxial device deployment depends on the ability to position the delivery sheath with sufficient depth into the LAA. This is best accomplished with a posterior-anterior trajectory of the sheath. Therefore, a posterior TSP provides the most favorable sheath orientation (33).

There are subtle differences in the recommended TSP height related to the shapes of the transseptal sheaths used for different LAA occlusion technologies. For the Watchman device and the Amplatzer Cardiac Plug, midseptal to slightly inferior TSP is ideal. For the LARIAT device, a more superior location has been suggested (33). A TSP that is too superior or too anterior can make it difficult to align the sheath with the long axis of the LAA and poses a challenge to device delivery, especially with retroverted LAAs (34).

PV INTERVENTIONS. The PVs are posterior structures in the left atrium. Ensuring adequate reach of the radiofrequency (RF) or cryoballoon (CB) catheter is essential to achieve successful ablation, especially when addressing right-sided veins (33). In RF ablation, some experts prefer a relatively anterior crossing of the IAS to allow adequate room for deflectable sheaths and catheters (33). Others suggest that a posterior TSP allows better angling of the ablation catheters toward the PVs (35). In CB ablation, the CB catheter uses the anterior balloon surface to push against the atrial tissue around the PV ostium. Therefore, a more anterior crossing of the IAS provides the most favorable approach for accessing all PVs with the CB, particularly the right inferior PV.

PERCUTANEOUS LEFT VENTRICULAR ASSIST. Mid-FO access for central transseptal catheter positioning allows more room in the left atrium and

reduces the likelihood of device malfunction because of cannula-LA wall contact.

Using a PFO for LA access during left-sided structural heart interventions is generally discouraged. However, successful use of a PFO to facilitate LAA occlusion procedures has been reported (36).

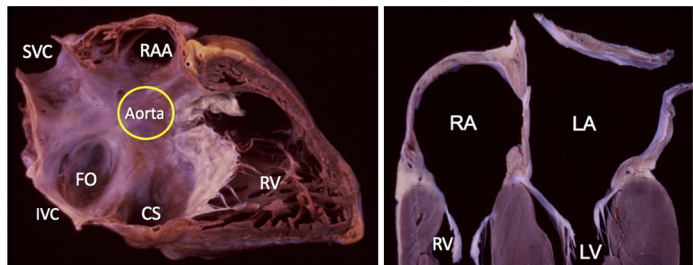
TSP TECHNIQUES

IMAGING GUIDANCE FOR LOCALIZATION OF THE FO. Fluoroscopy has traditionally been the main imaging method for localization of the FO. A pigtail catheter is placed in the aortic root so that its tip marks the location of the aortic valve, while the cardiac silhouette identifies the lateral and posterior borders of the atria. Multiple angiographic projections can be used to puncture the septum safely (Figures 4 and 5). In difficult cases, right atrial angiography with delayed LA angiography can help visualize the septum (overlap area). A septal “staining” technique can also help visualize the FO by injecting 1 to 2 ml of contrast through the needle tip against the IAS (Figure 5). Although TSP performed with fluoroscopic guidance has been the standard since the early days of procedural performance, ultrasound-based imaging (TEE and ICE) has assumed increasing importance because it allows direct imaging of the soft tissue structures that are relevant to TSP and provides reassurance that the specific location of the puncture site is optimal. In addition, the use of TEE and/or ICE may increase the safety and the success rate of TSP in difficult cases, such as in patients with aneurysmal or thickened septum, patients with abnormally rotated hearts, and those with thickened or fibrotic IAS due to patch repair or prior TSP (37,38).

Both TEE and ICE are very useful in achieving site-specific TSP. ICE has the additional advantages of not requiring a second operator or general anesthesia, although TEE with conscious sedation is a common practice outside the United States. In contrast, ICE devices lack multiplanarity, and they may distract the operator, as 2 catheter systems must be handled separately, an additional venous puncture is necessary, and there is a possibility that the 2 catheter systems may get entangled (39).

Various transesophageal echocardiographic imaging maneuvers can display IAS anatomy in detail. Superior and inferior localization is seen best in the bicaval view (90°), and anterior and posterior localization is seen best in the short-axis (30°) and 4-chamber (0°) views. An x-plane view that displays both the bicaval and the short-axis view is extremely helpful in puncturing the IAS at the desired location (Figure 6).

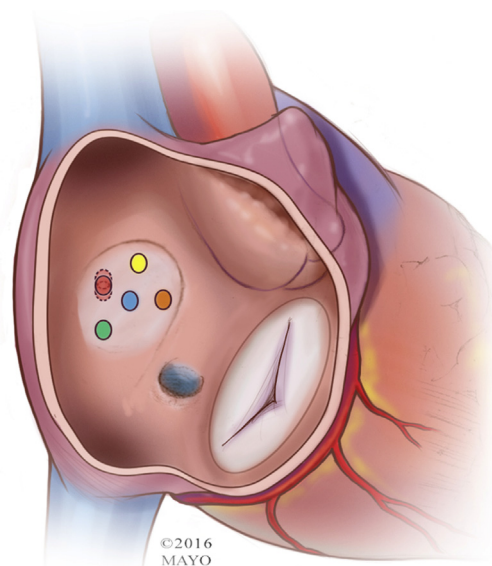
FIGURE 2 Anatomy of the Atrial Septum



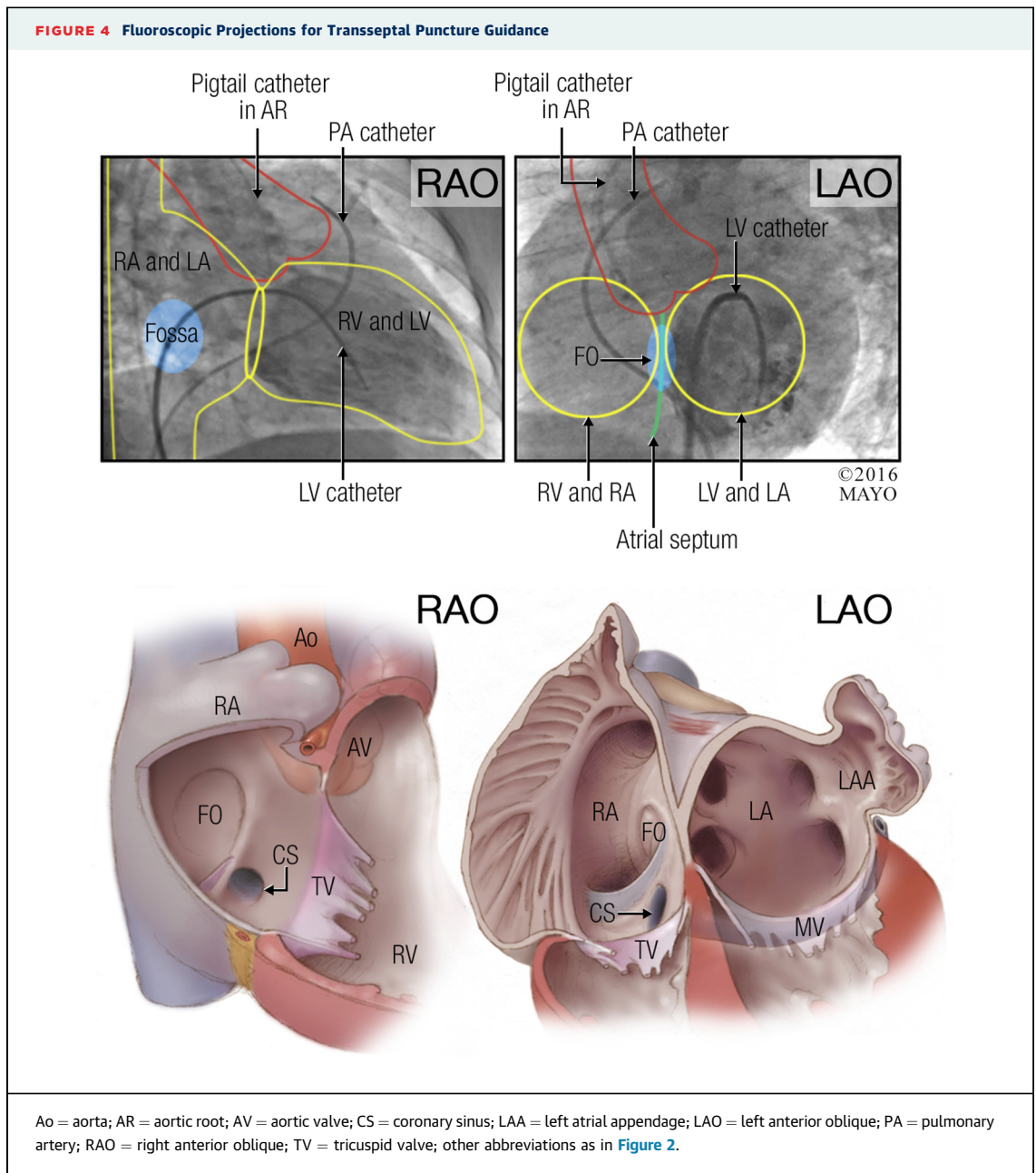
CS = coronary sinus; FO = fossa ovalis; IVC = inferior vena cava; LA = left atrium; LV = left ventricle; RA = right atrium; RAA = right atrial appendage; RV = right ventricle; SVC = superior vena cava.

In ICE-guided procedures, a phased-array intracardiac echocardiographic catheter (AcuNav, Siemens, Malvern, Pennsylvania; or ViewFlex, St. Jude Medical) is advanced to the right atrium and manipulated to identify the “home” view (Figure 7). The initial survey of the IAS is then performed; from the home view, a posterior tilt of the transducer and a

FIGURE 3 Site-Specific Transseptal Puncture for Various Intracardiac Interventions



Red: MitraClip, paravalvular leak closure (a higher crossing site is recommended for medial leaks, and a lower crossing site is recommended for lateral leaks; **dashed red circles**). **Yellow:** transseptal patent foramen ovale closure. **Blue:** percutaneous left ventricular assist device placement, hemodynamic studies. **Green:** left atrial appendage closure. **Orange:** pulmonary vein interventions.



clockwise rotation of the catheter bring the IAS and FO into view (septal view) ([Figure 7](#)). With the sheath and dilator apparatus engaged against the FO in the septal view, the height of the TSP can be readily assessed. The anterior-posterior location of the TSP can then be determined with an anterior (counterclockwise rotation) and posterior (clockwise rotation) of the transducer, allowing needle adjustment before puncturing the FO ([33](#)). This survey also allows screening for PFO and characterization of the IAS properties (thick septum, septal aneurysm, prior patch repair, and so on). After

successful TSP, ICE allows direct visualization of the needle tip and its relationship to the surrounding cardiac structures ([39](#)).

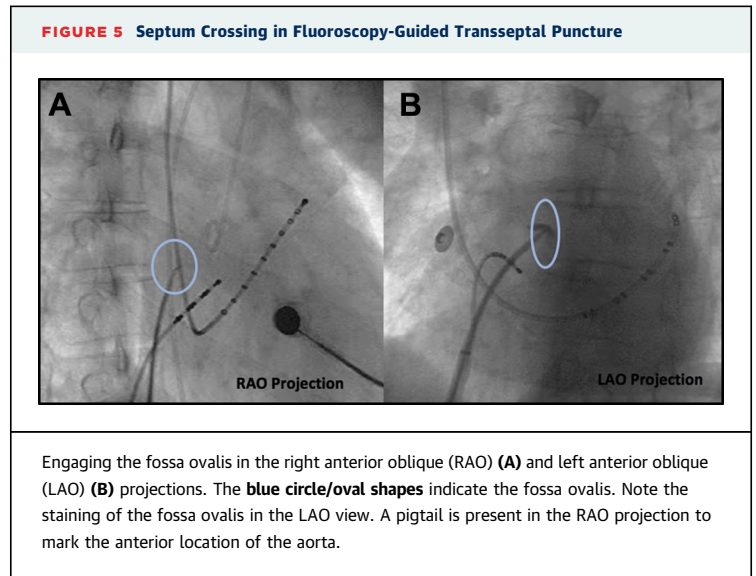
Fusion of different imaging modalities has gained increasing popularity in structural heart disease (SHD) interventions over the past decade. Currently, the combination of TEE and fluoroscopy (e.g., EchoNavigator, Philips, Amsterdam, the Netherlands) is the only modality that allows real-time image fusion of high quality during SHD interventions. The utility of the EchoNavigator system to facilitate a targeted TSP has been demonstrated in several studies ([37,40](#)). Newer

imaging techniques are emerging as useful guiding tools for TSP, but their additional value to the current imaging modalities remains to be fully evaluated. These modalities include 3-dimensional echocardiography, computed tomography-derived 3-dimensional augmented fluoroscopy (CARTO3, Biosense Webster, Diamond Bar, California), real-time magnetic resonance imaging, and rotational angiography (41-43).

TSP TOOLBOX. The basic TSP kit consists of a transseptal sheath, an introducer, and the transseptal needle. Novel ancillary tools have been added to the TSP toolbox and served to increase the safety and success of the TSP procedure (Figure 8).

Transseptal sheaths. Transseptal sheaths are generally categorized in 2 broad groups: fixed-curve sheaths and steerable sheaths. Traditionally, fixed-curve sheaths of various shapes and sizes have been used in the majority of transseptal procedures. However, the wide adoption of PVI techniques for AF ablation led to the development of steerable sheaths to improve LA access, maneuverability, and tissue contact (44,45). Steerable sheaths may be associated with superior clinical outcomes in PVI procedures, but are 4 to 5 times more expensive than traditional fixed-curve sheaths (45,46). A brief description of the available transseptal sheaths and their characteristics is shown in Online Table 1.

Transseptal needles. Historically, the stainless steel Brockenbrough needle (Medtronic, Minneapolis, Minnesota) has been the standard needle used to mechanically puncture the FO. The BRK series of transseptal needles (St. Jude Medical) are similar to



the Brockenbrough needle but are available in multiple lengths and curves. The NRG RF transseptal needle (Baylis, Montreal, Quebec, Canada) uses RF energy and allows the operator to cross the IAS in a controlled manner without using excessive force (Figure 9B). The use of RF needles has been shown to improve the safety and efficacy of TSP for AF ablation compared with conventional transseptal needles (47). The commercially available transseptal needle systems are listed in Online Table 2.

Ancillary devices. Needle-wire system. The SafeSept wire (Pressure Products, San Pedro, California) is a 120-cm nitinol guidewire with 0.014-inch diameter that has a sharp and floppy “J tip” that assumes a

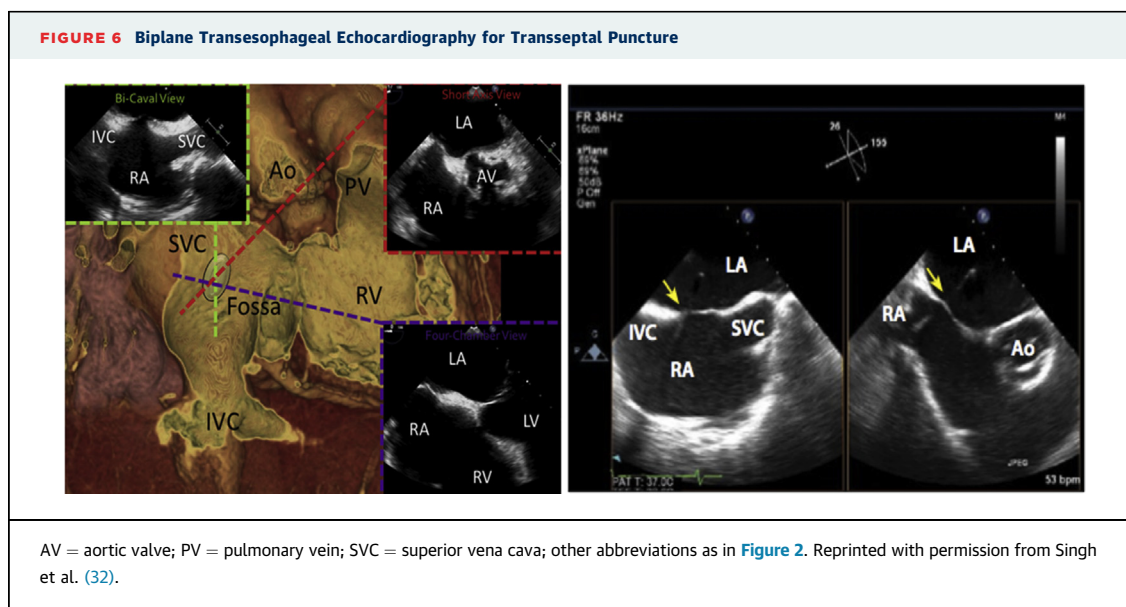
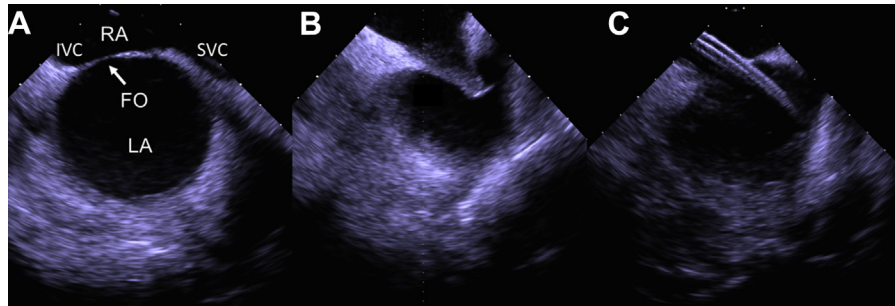
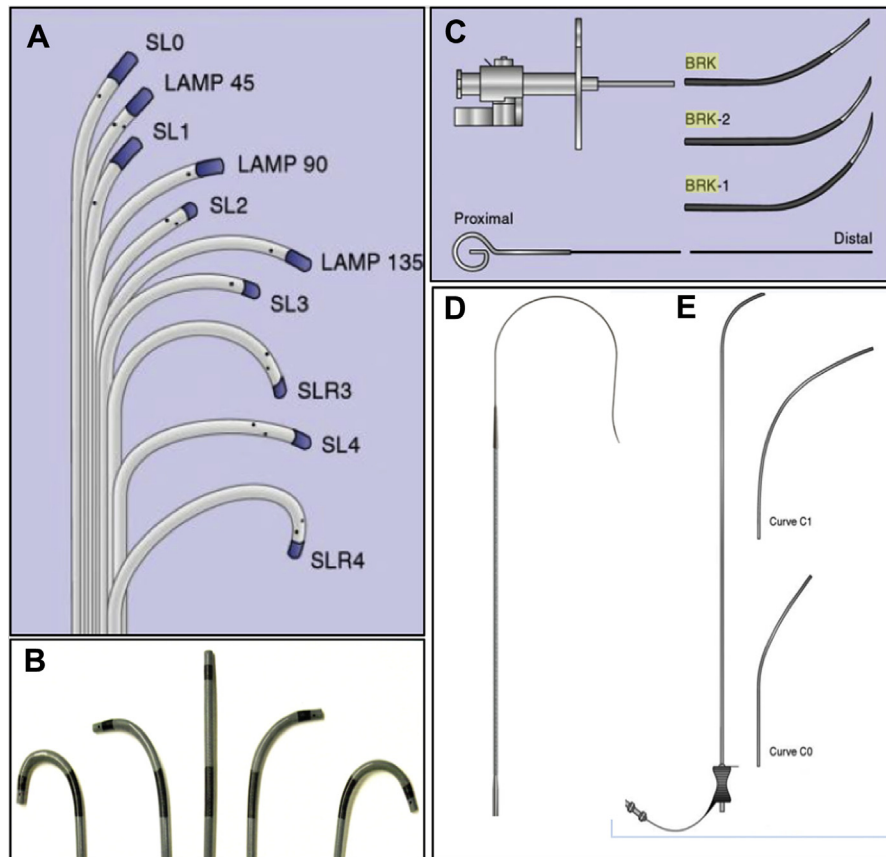


FIGURE 7 Intracardiac Echocardiography for Transseptal Puncture

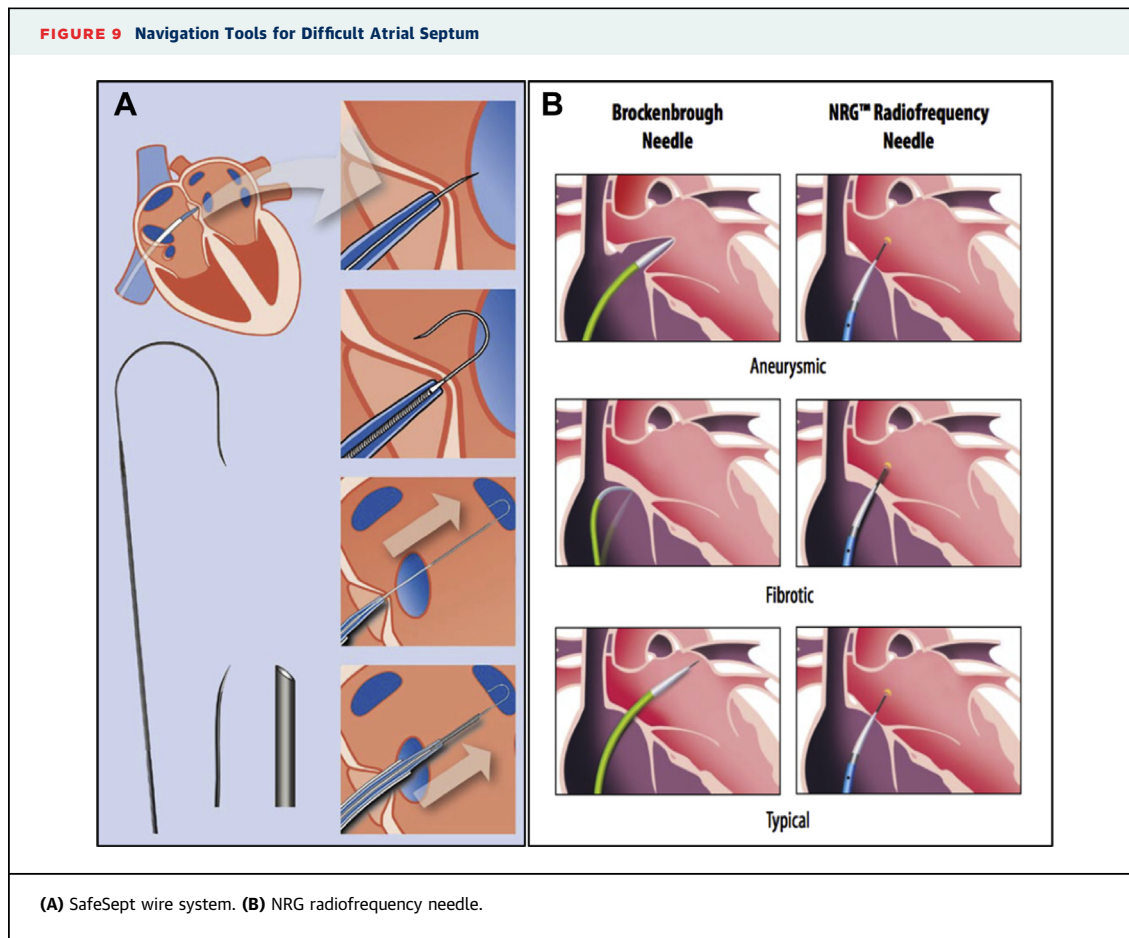


(A) The fossa ovalis (FO) as seen in the "septal" view. (B) Tenting of the FO with the transseptal needle. (C) The transseptal sheath across the FO in the left atrium (LA). Abbreviations as in Figures 2 and 6.

FIGURE 8 Commonly Used Transseptal Sheaths and Needles



(A) Fixed-curve sheath. (B) Steerable sheath (Agillis). (C) BRK (Brockenbrough) transseptal needle. (D) SafeSept wire. (E) NRG radiofrequency needle.



straight orientation while inside the transseptal needle, allowing crossing the septum, but immediately prolapses, assuming a J shape, upon entry into the left atrium (Figure 9A) (48). The SafeSept is also available in a 0.035-inch needle-free platform.

Pre-curved LA guidewires. The TorayGuide 0.025-inch guidewire (Toray, Tokyo, Japan) can be used to provide stable access in the left atrium. Other guidewires, such as the Confida 0.035-inch wire (Medtronic) and the Safari 0.035-inch wire (Boston Scientific), can be used off-label to maintain stable access in the left atrium during catheter and sheath exchanges.

PUNCTURE OF THE FO. The transseptal sheath is advanced over a 0.032-inch or 0.035-inch wire (Online Table 1) into the superior vena cava in the anterior-posterior projection, and the transseptal needle is then advanced to the distal end of the sheath without exiting the sheath. The sheath and needle assembly is retracted to the right atrium with clockwise rotation. Two characteristic “jumps” of the dilator tip are usually described: one as the tip passes under the aortic knob and one as the tip passes under the muscular septum in to the fossa. Under fluoroscopic or

ultrasound guidance, the needle’s tip is advanced into the left atrium. The LA position of the tip can be verified by aspirating oxygenated blood, measuring LA pressure, injecting contrast into the left atrium, or advancing a coronary or a SafeSept wire into a PV. The sheath and dilator apparatus is then advanced over the needle into the left atrium. If 2 accesses to the left atrium are needed, 2 wires can be advanced inside the sheath into the left upper PV, the sheath is removed, and the 2 sheaths are advanced side to side over the 2 wires into the left atrium. However, it has been suggested that this technique may result in a higher chance of a persistent residual septal defect than the double-puncture technique (49). The following steps (catheter insertion via the sheath, sheath exchange, IAS dilation, and so on) vary depending on the specific procedure being performed.

NAVIGATING CHALLENGING TRANSEPTAL ACCESS

The TSP procedure can be achieved with a high level of success and excellent safety (12). However, several

difficulties may arise at various stages of the procedure. Knowledge of the unique challenges of the TSP and the development of a systematic troubleshooting approach are key to improving procedural success and reducing the risk for serious complications (50).

DIFFICULTY WITH ACCESS TO THE RIGHT ATRIUM.

The right femoral vein provides the easiest access for TSP. However, there are several scenarios in which obtaining a TSP through right femoral vein access is challenging or not possible.

First, extreme venous tortuosity can make the advancement of a transseptal needle through the sheath quite challenging. In these cases, the transseptal sheath can be exchanged with a long (45-cm) sheath that is ≥ 2 F larger in diameter. The transseptal sheath will then be reinserted inside the larger sheath, which will provide support and facilitate navigation of the venous tortuosity. It should be noted that in these cases, advancing the sheath and needle system as a unit is critical. Attempting to advance the needle in a kinked sheath can result in perforation of the sheath. The tortuosity can also impede engagement of the FO with the transseptal needle. A secondary bend in the transseptal needle 2 to 3 cm proximal to the primary bend provides adequate reach and allows a targeted TSP (32).

Second, the presence of an indwelling inferior vena cava (IVC) filter does not preclude successful execution of the procedure, even when large sheaths and cannulas must be advanced through the filter (51-53). However, remote IVC filters are associated with high filter thrombosis rates, and therefore partially or totally occluded IVCs should be excluded.

Third, if iliofemoral veins and/or the IVC are patent but have severe stenosis, percutaneous revascularization may be considered to allow access for the transseptal procedure (51).

Fourth, if iliofemoral veins and/or the IVC are occluded, alternative access should be considered. Left femoral and right internal jugular venous access has been successfully used to perform catheter ablation of AF and balloon mitral valvuloplasty (54-56). These approaches, nevertheless, may be inadequate for SHD procedures that mandate site-specific TSP, such as transcatheter mitral valve repair. In these cases, transapical access is the alternative access of choice. On rare occasions, direct right atrial access can be used as a last resort (57).

DIFFICULTY WITH ENGAGEMENT OF THE FO.

Severe kyphoscoliosis, abnormally rotated heart due to ventricular hypertrophy or prior surgery, enlarged left or right atrium, dilated ascending aorta, and

excessive cardiac motion with respiration can pose significant technical and safety challenges during TSP (58). These challenges can be successfully overcome using a large-curved transseptal needle, manually adding a secondary bend to the transseptal needle, and using adjunctive real-time imaging guidance (32).

DIFFICULTY WITH NEEDLE ADVANCEMENT.

Several IAS characteristics can lead to difficulties in gaining access to the left atrium.

Thickened septum. Many patients with AF or SHD had prior TSP or a hypertrophied or fibrotic IAS. Repeat TSPs are more difficult, less often successful, and potentially associated with more complications compared with the first TSP because of increased thickness of the FO, local scarring, or distorted IAS anatomy (59,60). Techniques to overcome these difficulties include the use of a large-curved transseptal needle (e.g., BRK-1), advancement of transseptal needle stylet or sharp-tipped wires (e.g., SafeSept) through the needle to facilitate needle crossing, and using an RF transseptal needle (Figure 9B) (60,61). If RF needles are not available, brief application of RF energy using an electrocautery system connected to the proximal end of the transseptal needle may assist with passage of the needle across the FO (62). Adjunctive imaging with ICE has also been shown to facilitate crossing a scarred or highly resistant IAS (63).

Aneurysmal septum. In these cases, there is a reduced distance between the apex of the tented FO and the opposite LA wall during TSP. It is therefore crucial not to apply excessive force on the needle, to avoid damaging the LA wall from unanticipated and uncontrolled forward movement after the device passes through the FO. Again, a brief application of electrocautery or RF energy can be useful in this circumstance (Figure 9B).

Prior septal occluder. In case of a prior septal occluder device, transseptal access can be obtained in portions of the native IAS in the majority of cases. Direct transoccluder puncture is rarely necessary but has been reported (64,65). In patients with surgically repaired IAS, puncture can be performed through neighboring native IAS tissue or through the patch itself in case of a pericardial or Dacron patch, but not in case of a Gore-Tex patch (W. L. Gore, Flagstaff, Arizona) because of its resistant texture (66).

DIFFICULTY WITH SHEATH AND GUIDE ADVANCEMENT.

Even if the transseptal needle is able to cross the IAS, significant difficulty may be encountered with advancing the sheath across the FO. This is particularly a problem with braided or steerable sheaths because of the "step" in size between the dilator and the sheath.

Forceful advancement of the transseptal apparatus can reduce fine control and potentially lead to atrial perforation. Several maneuvers can be used in this circumstance: redirecting the sheath and dilator apparatus with careful clockwise or counterclockwise torsion often allows the apparatus to penetrate the resistant IAS. This is best done over a SafeSept or a coronary wire to avoid perforating the left atrium. Alternatively, lower profile sheath-dilator combinations (e.g., SRO, Mullins) may be used to further dilate the FO. Finally, balloon septostomy may be needed to adequately dilate the FO (67). Balloon septostomy is often required in transseptal interventions that use large-bore sheaths (e.g., mitral valve-in-valve) (7,49).

MANAGING COMPLICATIONS

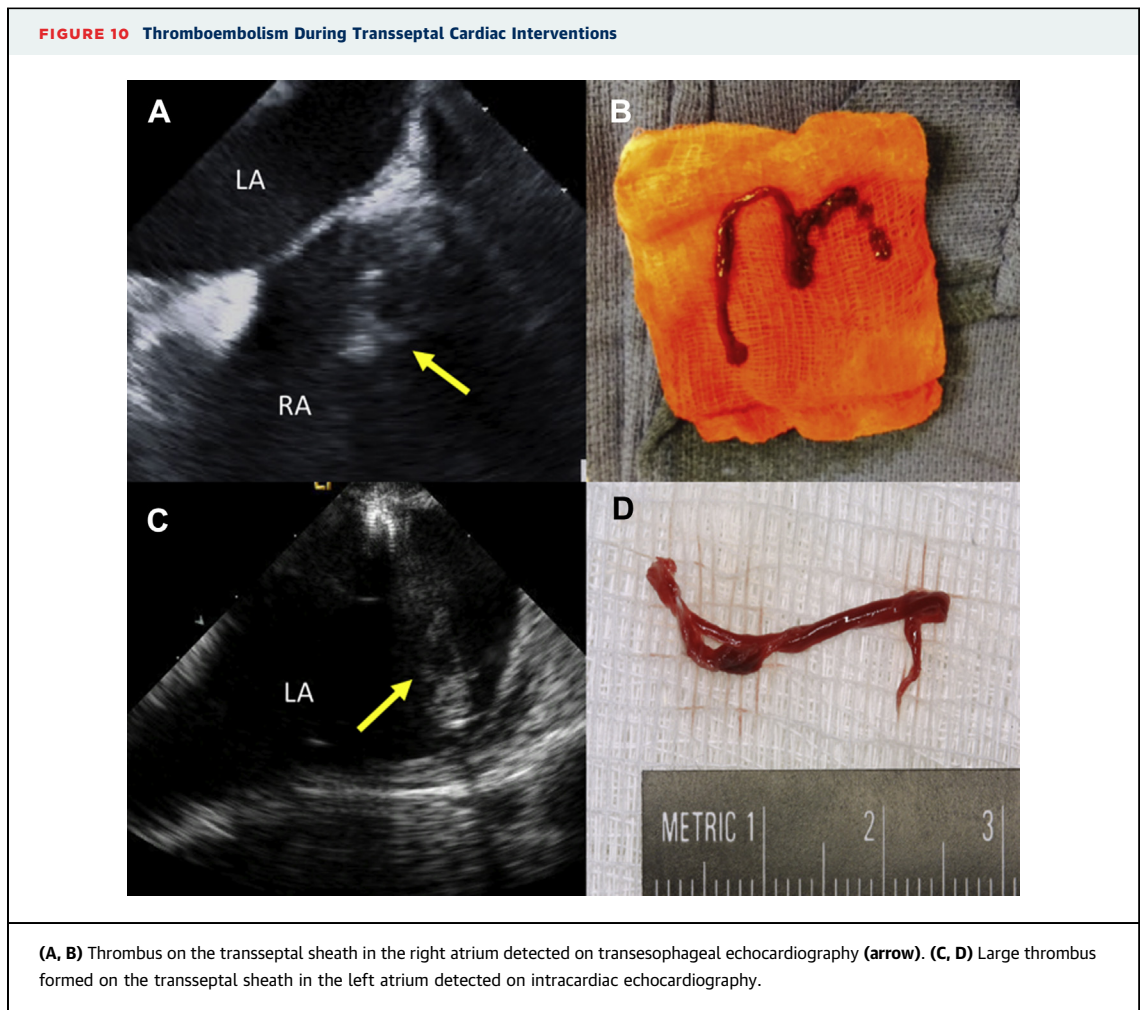
TSP is a reasonably safe procedure with a major complication rate of 1% to 2% (12,68). However, complications related to TSP could be life threatening, and operators should be familiar with their management. Avoiding complications starts with careful patient selection, knowledge of the contraindications to TSP, and periprocedural management of anticoagulation. The only absolute contraindication to TSP is thrombus at the IAS. Relative contraindications are thrombus within the right atrial or LA cavity, therapeutic anticoagulation, or marked cardiac or thoracic deformity. Hypertrophied or aneurysmal IAS and prior surgical patch repair are not contraindications to TSP.

CARDIAC PERFORATION AND TAMPONADE. Cardiac tamponade during transseptal intracardiac procedures is usually the result of a perforation (69). Cardiac perforation may be caused by factors related to the TSP such as inadvertent advancement of the needle or the dilator or sheath into the free atrial wall or could be related to the specific intracardiac procedures (excessive ablation energy, manipulation of the delivery sheath inside the appendage, and so on). Patients with large atria are at a particularly high risk for perforation when a posterior TSP is performed. The incidence of perforation and tamponade varies according to the specific type of procedure: <1% in diagnostic hemodynamic studies, 1% to 2% in PBMV, and 2% to 3% in PVI and LAA closure (12,69). The presentation depends on the size of the device responsible for the perforation, the structure that is perforated, the hemodynamic state at the time of perforation, the properties of the pericardium, and the coagulation status. Cardiac tamponade is the most common cause of death during PVI procedures (70). Early recognition and prompt treatment with pericardiocentesis is lifesaving and should be a core

competency for all laboratories performing TSP. When the perforation is a result of inadvertent passage of the needle into the pericardial space or the aorta, withdrawing the needle and reversing anticoagulation is usually sufficient. However, if a sheath or a catheter is advanced through the perforation, it is imperative not to prematurely withdraw the perforating catheter to maintain access to the hole for potential closure (71). Several reports demonstrated the feasibility of various Amplatzer occluders in sealing iatrogenic cardiac and aortic perforations (72,73).

THROMBOEMBOLISM. A number of studies reported higher than expected incidences of intraoperative thrombus detected on the transseptal sheath and in the left atrium during PVI procedures (8% to 11%) (Figure 10) (74). There are also several reports concerning thrombus formation in the left atrium during PBMV and transcatheter mitral valve repair (75,76). Although clinical stroke remains rare, cerebral lesions are detected on magnetic resonance imaging in 7% to 13% of patients undergoing PVI (77,78). In a small study of patients undergoing MitraClip treatment with cerebral protection, embolic debris potentially conducive to cerebrovascular events was found in all patients (79). Periprocedural anticoagulation management varies depending on the specific procedure. However, developing guideline-supported institutional algorithms for pre-procedural management of oral anticoagulant agents is paramount to minimize bleeding and thromboembolic complications. It is a common practice to hold anticoagulant agents 2 to 5 days before procedures involving TSP. We reserve bridging anticoagulation for “high-risk” patients (e.g., patients with mechanical valves and those with acute venous thrombosis). We routinely administer 2,000 to 5,000 U of unfractionated heparin before TSP and a total of 200 U/kg to achieve an activated clotting time >300 seconds after obtaining access to the left atrium. Maintaining an activated clotting time >300 seconds during PVI has been suggested to prevent LA thrombus formation (74). Cerebral protection with bilateral carotid filters can be used in patients undergoing TSP who are at higher risk for stroke (e.g., those with LAA thrombus or dense spontaneous echocardiographic contrast) (79). Nevertheless, the role of routine cerebral protection during transseptal procedures has not been established. If detected on TEE or ICE, intracardiac thrombus can be effectively removed with vigorous aspiration (80).

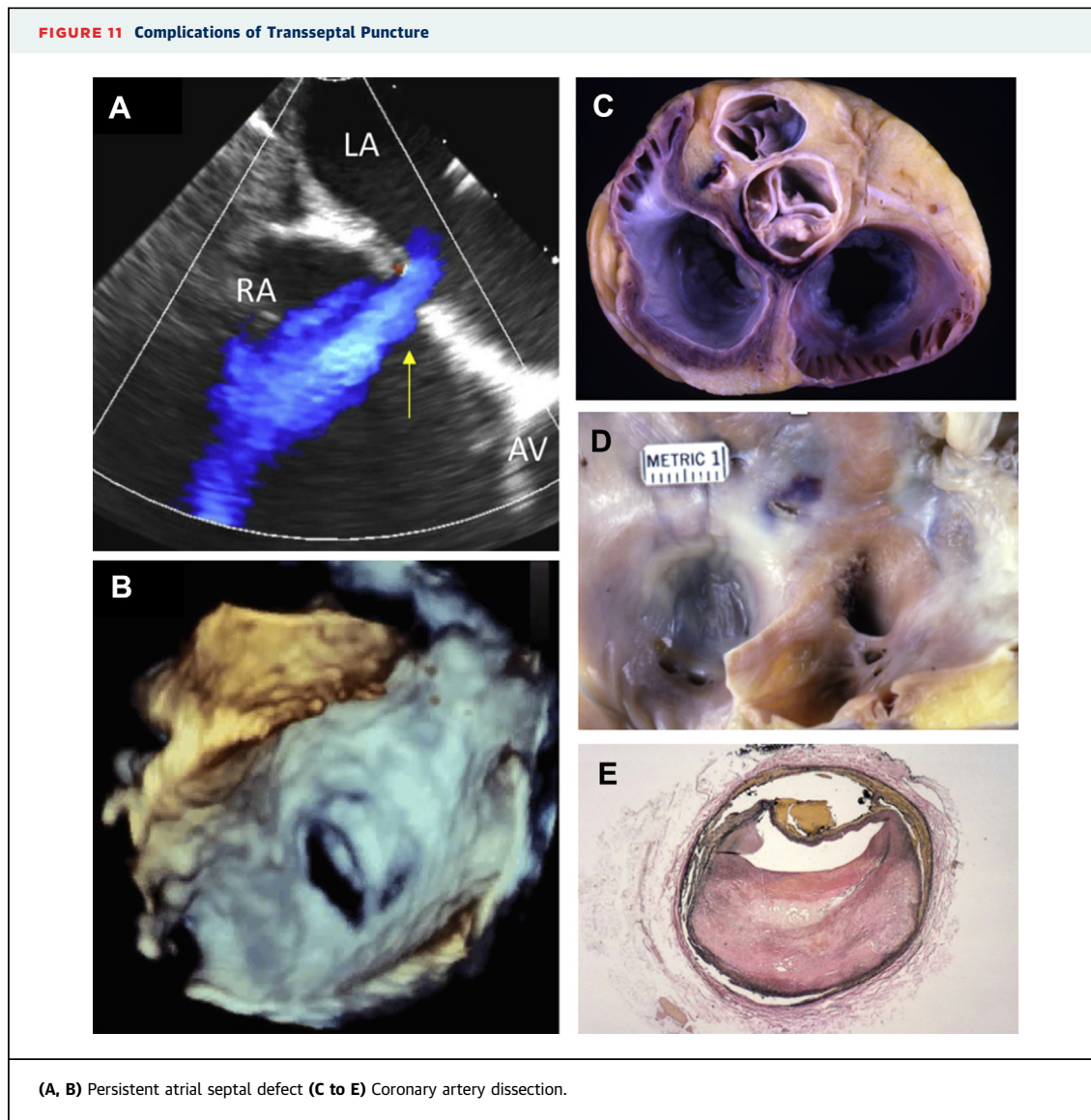
AIR EMBOLISM. Air embolism is often a clinically silent event because of its transient nature and the procedural sedation. However, coronary ischemia, stroke, hypotension, and cardiac arrest have been



reported (15,81). Air emboli may enter the left atrium because of accidental injection of air or inadequate de-airing of the system (81). Prevention of air embolism can be achieved largely with meticulous de-airing of the system. Saline infusion to increase LA pressure during the procedure may decrease the likelihood of air embolism (82). However, high-pressure infusion through the side arm of the guiding catheter should be avoided, as it can lead to air embolism when opening the stopcock. Although most cases of air embolism are self-limiting, prompt interventions including volume loading, oxygenation, lidocaine, manual thrombectomy, vasopressors, and hyperbaric oxygen can be effective in treating patients with large air emboli and those with dramatic symptoms (83). It should be noted that transient ST-segment elevation during transseptal procedures is not always explained by coronary air embolism. A vasospastic neurally mediated mechanism (also known as Bezold-Jarisch-like

reflex) may be implicated; the mechanical effects of the TSP on the IAS can activate vagal network leading to coronary spasm and ST-segment elevation (84). This hypothesis has been supported by the resolution of electrocardiac abnormalities and hypotension with the administration of atropine or dopamine (85).

IATROGENIC ATRIAL SEPTAL DEFECT. Hypoxemia resulting from large right-to-left shunt can occur after withdrawal of the transseptal sheath but is rare (49). Persistent iatrogenic atrial septal defect after structural and electrophysiological procedures that use the transseptal route are, however, not uncommon, especially when large-bore transseptal sheaths are used. The current research is inconclusive with regard to the clinical significance of persistent iatrogenic atrial septal defect but suggests possible detrimental effects (hypoxemia, heart failure, and systemic embolization) in some patients (49,86).



Systematic surveillance with serial echocardiography following large-bore access into the left atrium might be necessary, and elective closure of the iatrogenic septal defect should be considered in selected patients (86). Less common complications of TSP include vena cava perforation, coronary artery dissection, detachment of the tip of the transseptal sheath, and acute pericarditis (Figure 11) (12,87).

TRAINING IN TSP

The TSP procedure has become an integral part of many electrophysiological and SHD interventions. Although major complications are uncommon, adequate training for TSP is essential to limit

potential increases in complication rates because of increasing demand for this procedure (88). Current training for TSP relies on performance on patients with supervision by an experienced operator. Approximately 30 TSPs are needed for a trainee to pass the steepest area of the learning curve (89). Virtual reality simulators (Procedicus VIST, Mentice AB, Gothenburg, Sweden; and Sionix, Cleveland, Ohio) are novel models that aim to complement the apprenticeship of trainees. The use of such simulators can result in shorter training times and superior post-training performance (88). Partnering among different specialties involved in transseptal procedures (electrophysiology, SHD, congenital heart disease) affords trainees with an excellent opportunity to acquire the necessary TSP skills within the short

span of their training programs. At our institution, cardiology fellows are offered a dedicated time in the electrophysiology laboratory to gain experience in TSP during their interventional cardiology and SHD fellowships.

CONCLUSIONS

The field of left-sided SHD interventions continues to grow, leading to a substantial renewed interest in transseptal heart catheterization. Imaging guidance to achieve site-specific puncture and continuous

improvement in the available equipment have enhanced the safety and the success of this procedure. Although incremental experience remains pivotal to successful and safe TSP, simulator training and interdisciplinary collaboration can effectively supplement traditional training models.

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KEY WORDS fossa ovalis, left atrial appendage, mitral valve repair, transseptal puncture, pulmonary vein isolation, site-specific puncture

APPENDIX For supplemental tables, please see the online version of this article.